

NEW LOW RATES

Fire Insurance

for HOME and
Contents

R. R. Pattinson

The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 26—No. 19

The Journal, Coleman, Alberta Wed., July 25, 1956

single copy 7c

Remington
Portable
Typewriters

Report of Alberta Provincial Convention Of The Old Age Pensioners Organization

The Convention was held in the lovely new civic centre at Taber, Alberta, which was donated for our use.

Registration opened at 9 a.m. and members arrived via 2 chartered Greyhound buses, the Walter Callow Coach and numerous cars. Call to order saw about 150 Old Age Pensioners in their seats. After O Canada, all delegates were named and recognized by the chair.

Provincial President A. Frayn presided and a splendid agenda was closely followed.

Address of welcome by Pres. T. Love of Taber was replied to by Pres. Mrs. N. Goulding of Coleman.

Treasurers and Auditors reports showed a healthy balance.

Five-minute branch reports were given by eight branches and proved very interesting.

His worship Mayor C. C. Cook of Taber welcomed the Convention, said he was very surprised at the turnout.

Mrs. N. W. Mead, National President, brought greetings from Saskatchewan and also national executives. Mr. Mead in his address told of the advance of the Old Age Pensioners Organization in different provinces. He said the national organization is supported by voluntary donations only. Mr. Mead's address was both stimulating and instructive to the branches.

Mr. Roy Lee M.L.A. addressed the convention giving much commendation for what we have accomplished and said "our senior citizens can use a lot more money to buy the ordinary things they need; keep fighting for better conditions."

At 12 noon, a minute's silence for departed members.

At 12 noon, a lovely luncheon was served by the Auxiliary to the Canadian Legion in the Legion hall with 158 sitting down to dinner.

Announcement was made of the splendid gesture by the Alberta Provincial Government in largely sponsoring this luncheon.

Taking our places at 2 p.m., entertainment was provided by Taber's Wally Strong with his accordion leading old and new songs.

A solo by Wally Strong and one by Murdoch Maclean of Pincher Creek was enjoyed.

The convention was addressed by Mr. W. P. Bullock of the Welfare Department of the Province of Alberta. Mr. Bullock covered different phases of the pensioners work: blind pensions, mothers allowances, supplementary allowances to Old Age Pensioners which is \$15.00 at present, with medical and hospital services, disabled pension, which is 50 per cent, increased by Alberta on its own, and widows pensions, which is paid in Alberta only.

He instructed delegates and members how to get a paper and have it signed on leaving the country and again on returning to get their pensions for 92 days absence from Canada.

Old Age Pensioners and the provincial set-up for Homes was discussed.

Finally, after a lengthy question period an address was given to all delegates to copy down in writing to that department so that all letters will reach him personally.

Fourteen resolutions were dealt with and twelve were adopted as follows:

1. Federal

... We therefore ask the Government to raise the pension to \$60.00 per month.

2. Provincial

... Resolved that all single women over 60 years of age shall be eligible for the pension and subject to the means test.

3. Provincial

... resolved that those confined to licensed nursing homes, etc., be given drugs as in hospital.

4. Provincial

... we ask that Chiropractors and Chiropractists be recognized for the beneficial work and placed on an equal footing with other doctors.

5. Provincial

... resolved that some form

of assistance be worked out whereby all holders of medical cards may receive help where the drug bill exceeds a reasonable amount each month, and that bills of purchase signed by a regular doctor be accepted as proof of purchase.

6. Provincial

... resolved we ask some assistance in case of arthritis where finances do not permit due care or sufficient needed drugs.

7. Federal

... resolved that the means test be changed to allow pensioners to earn or have a little more income during their early years on pension where they might do a little to assist themselves for the long years ahead, many living past 90 years of age in our present day.

8. Provincial

... resolved we ask the government to take immediate steps to adjust the Act so that all pensioners are taken care of in sickness and drugs provided on medical prescription.

9. C.I.C.

... resolved that a copy of all resolutions passed at the Provincial Convention at Taber be forwarded to the Canadian Labor Congress for their adoption and support.

10. Federal

11. Provincial

Whereas the old age pensioners who own property get their hospital free, we would like to have the government look into the fact and have the Municipalities and Towns drop the hospital tax on their property.

12. Federal (Tabled)

... resolved that we ask the Provincial and Federal Governments to grant the old age pension at 65 without a means test and to increase all old age pensions to \$65 dollars per month and that no pension be paid to anyone with more than \$5,000 income per year.

13. Federal (lost)

Where as there is a 5 per cent charge on homes of old age pensioners reckoned in compiling income, thereby penalizing people who have saved for a home—He resolved that we ask that this be dropped from the means test.

Prizes to oldest ladies went to Mrs. C. Webb of Lethbridge, and Mrs. Cox of Fort Macleod. Oldest gentleman prizes to Dr. Hammon of Taber and Mr. L. Santoni of Lethbridge.

Election of officers saw President A. Frayn returned to office; Vice-president as follows, A. A. Neddow of Fort Macleod; G. Graham of Pincher Creek; Mrs. N. Goulding of Coleman and T. Love of Taber; Secretary-treas. elected was Mrs. Trevelyan of Lethbridge.

The next convention in 1957 was invited to Coleman.

The door prize realized \$18 and was won by Mrs. Marie Mastel, secretary of Taber branch.

After "The Queen" all repaired to the Legion hall where a light lunch was served to all before boarding the cars and buses for the return trip.

It was agreed by all that Taber had given us a wonderful set-up for the convention.

H. L. Cunningham,
Acting Secretary.

Child Strangled In Car Window

Gary Cervo, four-year-old son of Mr. and Mrs. Victor Cervo of Blainmore, was found strangled, with his head caught in the partially opened window of his grandfather's car.

The little boy and his sister Linda were playing in the car. Five minutes later the grandmother, Mrs. M. Cervo, hearing screams, rushed to the car and found the child hanging. He was declared dead by the doctor.

RCMP investigated the accident. Coroner Dr. I. Stewart stated no inquest would be held.

Funeral services were conducted from Hall's Funeral Parlors at Blainmore on Tuesday afternoon at 2 p.m. Interment was in the Blainmore Union cemetery.



SONGS OF MY PEOPLE—Ivan Romasoff leads a rousing chorus in "Songs of My People," heard every Friday night on the Trans-Canada network at 10:30 p.m. The program brings listeners folk songs from all parts of the world.

Coroner's Jury Blames Miner's Death On Heart Attack

An inquest into the death of Carl Mokosak of Bellevue, who died while on shift in the Bellevue mine July 4, was held in the Blainmore courthouse on Wednesday evening under the direction of Coroner Dr. Fred Russell of Blainmore. The jury consisted of Foreman Arthur Plant, Amelio Giacomuzzi, John Gray, Charles Ilmar, Rudolph Grel and Ronald Johnson, all of Blainmore.

After a deliberation of 35 minutes the jury returned the following verdict which indicated that Mr. Mokosak died of a heart attack. "We the jury find that Carl Mokosak came to his death on July 3, 1956, at approximately 6 p.m. at angle 35 room, district 61 of the Bellevue mine of the West Canadian Collieries at Bellevue. Death was caused by occluding coronary arteriosclerosis and chronic myocarditis."

Plans of the accident area were furnished by Robert Glover of Bellevue, a mine surveyor.

Duncan Brown, Mines Inspector of Lethbridge, who inspected the premises on the morning after the death, stated that the air in the mine was good and that there was nothing there to indicate or cause an accident.

WORKMEN TESTIFY

First witness was Leon Huelack, partner of the deceased, who stated that Mr. Mokosak and himself and two other miners had entered the mine and had sat down and eaten a sandwich and then had begun work. The witness stated that he had gone down below his partner to clean the conveyor and had been some four or five minutes when he came back to find that his partner had died. This was about 6:15 in the evening.

Godfrey Hunnar, another miner working in the same place, stated that he was cleaning underneath the conveyor and looked up and saw a light coming down the conveyor. He went up and found Mr. Mokosak lying on his back heading down the conveyor head first. He heard the man gasp and pulled him off the machine, unbuttoned his shirt and summoned help. He stated that he had heard no outcry from the man as this place of work was very noisy. He said that Mr. Mokosak had left him about three minutes earlier.

Evidence was also given by H. Hurlak, another miner working in the place, who stated that when he came to the place on a call from his partner, Godfrey Hunnar, he saw Mr. Mokosak lying alongside the conveyor where Mr. Hunnar had put him.

Dr. R. Stewart of Bellevue also gave evidence, indicating that he had been called to the mine at 6:15 and when the man was brought out about 7:15 he had made an examination but found Mr. Mokosak dead. He stated there were no obvious signs of violence other than a small mark on the left cheekbone.

Charles "Chick" Dambois, a fireboss in the area, also gave evidence, which indicated he had visited the place shortly before the accident and that the air was good and the place of work was good.

Albert Goodwin, overman, stated that he had visited the area and had the place fenced off.

A report of the autopsy performed by Pathologist Dr. Lola

McClatchy and Dr. Stewart was read at the inquest indicating the man had expired of a heart attack.

Mr. Mokosak, 52 years of age, is survived by his widow Helen, and three children, a married daughter, Mrs. Mary Craven of Bellevue, a son Carl, 14, and a daughter, 6 at home.

Fort Macleod Old Age Pensioners Hold Picnic

On Wednesday afternoon the Fort Macleod branch of the Old Age Pensioners Association held a picnic at Crows Nest Lake.

A lovely supper was served on the picnic grounds catered for by the Crows Nest Lake Pavilion personnel.

Mr. Lance Margan took several of the picnickers for a boat ride up the scenic lakes which were enjoyed very much by the group. In the evening a large bonfire was lit where wieners were roasted. A sing-song was held in the hall.

Several Coleman Old Age Pensioners were on hand to welcome the Fort Macleod members to the Crows Nest Pass.

Farewell Party Held For Departing Residents

Mrs. Horace Allen entertained at the tea hour in honor of Mrs. E. Lessemmer, Mrs. A. McLean, Mrs. R. Hill and Miss A. Mercer.

The rooms were decorated with vases of peonies, white and yellow mums and mountain heather.

The tea table was centred with a miniature arrangement of lilac, pink rose buds, carnations and Stephanotis at which Mrs. W. Beck presided. Assisting the hostess in serving were Mrs. I. Cousins, Mrs. G. Muspratt and Miss E. Haysom.

Miss Allen presented a farewell gift to each guest of honor as a remembrance from all the guests.

CPR Station Receives Face Lifting

A CPR work crew has been busy this week really giving the Coleman station a face-lifting.

The outside has been renovated. The roof shingled and painted. The outside walls are receiving a coat of stucco and being painted a bright cream color. The inside has been renovated and painted. This adds a very cheerful and lovely building for anyone travelling by train through the Pass.

Music Students Receive Results

Results of the Toronto Conservatory of Music exams were received this week. Those receiving successful pass marks were:

THEORY—

Grade IV - pass - Nikkie Mishra.

Grade II - First class honors—

Ralph Vigna, Blainmore.

Pass—Barbara Krish.

Grade I - First class honors—

Connie Rejman, Etna Yagos.

Honors—Sharon Lord, Blainmore.

Pass—Caroline Lothian.

"You are the first girl I have ever loved," said the travelling salesman as he deftly shifted the cigars from his vest pocket before taking her in his arms.

Sees Great Tourist Future For Pass Area

Well over 200 persons gathered at the Turtle Mountain playgrounds at Frank to hear John Fisher, executive director of the Canadian Tourist Association, give an interesting address on tourist promotion.

Chairman for the occasion was Telfer Dicks of Fernie, president of the Crown's Next Pass Tourist Association, who called on William Holyk, president of the Coleman Board of Trade, to give the invocation for the buffet supper.

In the absence of Ted Kreutzer, of Fort Macleod, president of the Associated Chamber of Commerce and Agriculture for Alberta, Vice-president John Kerr of Frank was called upon to introduce the head table guests, who included Jack Colwell and wife of Coleman, Dave Young of Coleman, Mayor and Mrs. Frank Abousaffy of Coleman, Mr. and Mrs. Frank Holyk, Mayor William Gray of Blainmore, Telfer Dicks of Fernie, past president of the Cranbrook Chamber of Commerce, Al Hunter, and secretary of the Crown's Next Pass Tourist Association Frank Butala and his wife.

In the absence of A. Skarstrom of Fort Macleod, president of the Canadian Hotel Association, Mayor Abousaffy introduced the honored guest after a few words of welcome were expressed by Mayor Gray of Blainmore.

AREA "A NATURAL"

Immediately delving into the tourist business, Mr. Fisher stated he felt this area was a natural for tourist attraction. He indicated that even though at the present time coal was this area's main industry, he felt that with proper promotion the tourist trade could one day be the Crown's Next Pass main industry.

He compared this district with Hawaii, stating that at one time Hawaii's main source of income was its pineapple and sugar but today everyone knows this land as a tourist playground.

He stated that in Canada people look on the tourists as something of a nuisance, and to emphasize this he indicated that in Banff where one is peeved with someone's actions the familiar statement is "You act just like a tourist."

At this point Mr. Fisher said "Let's be a little sharper and set that tourist dollar." He pointed out Canada is rich in God's gifts, which are beautiful scenery, cool evenings, good hunting and excellent fishing grounds. Yet Canadians don't seem to be able to realize that this could likely be their livelihood.

When referring to the American tourists who visit Canada, he emphasized the fact that these people do not want to see a carbon copy of the places they have just come from. He said "let's be original and not use names like Flamingo, the Dallas and others that are known in the States."

This is Canada, he said, and there are many good historical names and incidents that could be drawing cards for tourists. He suggested using names for motels relating to something local and something different which could stick in the minds of visitors.

Having recently returned from a trip to Japan, Mr. Fisher commented on the hospitality and politeness shown visitors by the Japanese who are today making a big thing of tourist trade. In reporting on this, Mr. Fisher pointed out the marked difference he noted on his return here, where people forget the small courtesies which are cheap and mean so much.

He also pointed out that in other countries welcome signs are plastered all over the country, while in this country all a tourist sees in the way of signs is: Warning 25 mph speed limit, danger, sharp curve, area police patrolled, and so on.

Mr. Fisher also made mention of the fact that some persons enjoy being able to take a drink after a long day's driving and in most cases enjoy being able to have their wives accompany them. In most places in Canada, stated Mr. Fisher the pleasure is denied the tourist as well as the local people.

Mr. Fisher also stated that in-

dustrial concerns do not lend money to the tourist trade, which is becoming one of the biggest industries in the world. He pointed out that last year Canada was down substantially in American tourist money to what Canadians had spent in the United States. While the Americans it is estimated spent \$8 a head per day, Canadians spend \$25 per day. Due to this fact, he said, travel agencies in Canada carry advertising sent to them from other countries while our Canadian beauty spots and possible tourist attractions are not advertised.

GREAT POSSIBILITIES

He suggested that with this area being rich in game and fish and one of the best duck hunting areas in the world, consideration should be given to arranging and advertising fall hunting trips which would possibly bring in numerous hunters and sportsmen. While visiting here numerous possible sight-seeing trips of the scenic area could be arranged.

He then stated that most people in Canada have only possibly travelled in two provinces of the Dominion, while he felt sure that almost every Canadian has made a trip to the United States.

He stated that many people believe that the Americans for bringing to light such personages as Davy Crockett but look at the money that is being made on this name. He suggested that there are many Canadian heroes that could be used for the same purpose as Davy Crockett—such as Raddison, Grossilliers and La Verendrye.

PRICELESS ASSET

In closing his interesting address, Mr. Fisher commented on the Frank Slide, describing the Slide as a priceless asset. If the Americans had the Slide, the speaker stated, they would certainly capitalize on its rarity. He suggested the possibility of organizing tours from the fruit country of British Columbia through the scenic mountains of the Crown's Next Pass coal valleys to the beautiful prairie grasslands in order to sell the area, he said, "you must educate the people."

Following a few remarks by Al Hunter of Cranbrook, Dave Young, manager of the Coleman Collieries, called upon Mr. Fisher and as a souvenir of his second visit to the Pass, presented him with a miner's white hat bearing the letters of the "Crown's Next Pass."

To conclude the successful meeting, Mayor Abousaffy expressed the thanks of the entire Crown's Next Pass to the speaker.

Norma Liesemer Tendered Shower

Mrs. Frank Abousaffy and Mrs. Horace Allen were co-hostesses at the home of the former, when they entertained at a miscellaneous shower in honor of Miss Norma Lessemmer, prior to her marriage to Mr. Phillip Matthew Hoven of Calgary.

The rooms were decorated with many bouquets of pastel shaded flowers. The bride-elect accompanied by her mother, entered the living room to the strains of the Wedding March played by Mrs. R. Hill. Miss Liesemer and Mrs. Lessemmer were presented with corsages by Mrs. Allen and Mrs. Abousaffy respectively.

During the evening quizz contests and novelty games were played. Vocal solos by Mrs. R. Cousins, pianoforte solos by Mrs. R. Hill and two monologues by Mrs. W. Purvis were much enjoyed.

The gifts to the bride-elect, ere presented in a unique, daintily decorated giant microscope.

The hostesses were assisted in serving by Mrs. R. Cousins and Miss A. Mercer.

Work on Dam Is Progressing Favorably

Fish and Game Association officials have stated that work on the dam at Allison Creek is progressing favorably and it is hoped to have it completed in the very near future.

The dam will be re-stocked with fish and it is hoped to have all this work done in the very near future.

Booklet has comic books rating scale

A 16-page booklet, "What's Wrong with Comic Books", recently published by the Alberta Government, has been prepared as a guide to parents who wish to provide their children with reading material that is both interesting and educational.

Compiled by the Advisory Board on Objectionable Publications, the booklet deals with comic books that are detrimental and carried descriptions of how they influence the behaviour of children.

The advisory board, appointed by the Alberta Government to investigate the various types of "Comics", studied the influence of these publications and made recommendations on alternative types of beneficial reading material.

Objections

The major objections to comics listed by the board are:

1. Some comics glorify crime and criminals. They encourage the commission of crime and contempt for lawful authority.
2. Some comics present a distorted, unhealthy and immoral concept of sex and marriage.
3. Some comics foster prejudice against class, race, creed and nationality.
4. Some comics portray violent death, grotesque, fantastic and unnatural creatures with repulsive realism.
5. Most comics are inartistic.
6. All comics are detrimental to good reading skill.

A rating scale contained in the booklet is intended for the use of parents who wish to evaluate the type of literature their children are reading. In addition the names of a variety of inexpensive books are listed for parents who wish to improve the reading standards of their children.

A section entitled "Guiding Your Child to Good Reading", deals with the types of reading material that have a beneficial effect and advises parents on how to select literature that will provide guidance, education and entertainment for their children.

DAUGHTER PESTS

Houseflies increase at a very great rate. One female can, in seven weeks, be the founder of a family of 432,000. Each fly, in its wanderings over garbage and filth, can transfer millions of germs to the tables and persons of human beings, spreading disease germs and spoiling food. By thoroughly screening doors and windows, and by the use of reliable insect repellents, these pests can be kept out of the house. The screen door should be equipped with a good spring to keep it closed against flies and other insects.



CAPT. RAFAEL MILLAN reports "all in order" of his Canadian Sabre VI prior to his recent take-off from Bogota. Millan was the leader of the Colombian pilots who, after a month's training at Canadair Limited in flying their new jet fighters built by the company, left for the 3,000-mile flight. There are six planes in all.

Child should be taught safety rules to avoid farm accidents

Farms used to be considered the safest place to bring up children. While today they may still be safer than busy modern cities and industrial areas, there are many hazards on the farm because of

the mechanization in modern agriculture.

In considering safety, the old saying, "Prevention is better than cure," holds true. The child, as soon as he is old enough, should be taught safety, and the parents would do well to insist on strict obedience to carefully explained safety rules. The parents' own example in observing safety rules has a big influence with the child. Discuss with children why they are not allowed to play or ride on machinery. Frequently a visiting child has an accident—explain the rules to any little visitor.

The small child should have a well equipped area in which to play, where mother can see him by glancing out the window. The play of any pre-school child should be supervised, so that you know where he is.

Teach small children to stay out of pens and pastures where there are mother animals with their young. Fear for the safety of their young can make animals dangerous.

For older children, wait until the child has judgment and is old enough to reach all controls easily before he is taught to drive a tractor.

Encourage the young person to go on to progressively harder jobs as he becomes more capable. Leave more difficult tractor work such as hillside and highways for men.

Once there is equipment attached, there should be no one on the machine but the driver.

When farm equipment is being used, teach children to watch from a distance, from a fence, etc. Father or hired help are busy with running the machinery and may not notice a child in the area, and so may back or run over him accidentally.

Teach children, by word and example, to have respect for the power of machinery and that serious hazards are involved with use of it.

Handling a bull is dangerous and should be done only by competent adults.

Be sure abandoned wells and cisterns are covered securely.

The bottom rung of a windmill or silo ladder should be at least six feet from the ground.

Check the floors in barn lofts, have no holes through which children might fall—if at all unsafe, do not allow them to play there.

Keep all sharp tools where small children cannot play with them, and instruct older children in the proper use of them.

Think through the hazards which the farm may have for children. Take time to explain safety to the children. It isn't enough just to say "Don't". It is not very comforting after an accident to say "If only we had..."

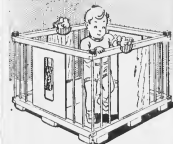
"Of all sad words of tongue or pen the saddest are these: 'It might have been.'"

The Pattern Shop

JUNIOR'S CORRAL

Easy to make and can be packed flat

This play pen can be taken down and set up in a twink. The pattern gives directions for a pen slightly less than four feet square; small enough to take along in the car to keep your tot safe indoors and out. The dimensions may be extended to whatever size is preferred. The built-in dividers that slide along the top rails and the gay clown swinging from the trapeze in the side panels are



traced from the pattern and painted in gay colors. The pattern number is 459 and will be mailed for 35c. The Children's Furniture Packet of patterns for five pieces designed to please older children is available for \$1.50 postpaid.

FREE CATALOGUE upon request

Address order to:
Home Workshop Patterns,
Department P.P.L.,
4438 West 5th Avenue,
Vancouver, B.C.

Funny and Otherwise

One of our neighbors spent the summer in France and was making it known as widely as she could.

"And Paris," she gushed, "Paris is marvellous. The people are all so educated and cultured, nothing crude as in this country. My dear, even the street cleaners speak French!"

The miser's wife was going to take a trip.

He: "It says here he travels fastest who travels alone."

She: "I'm still going to take the train."

There's a psychiatrist I know who sometimes gets the feeling that the whole world is bats anyhow, so why bother? A friend of his may have started him off on this idea—this friend was a young psychiatric student interning in a famous rest home. Every morning, the young student would pass by the psycho ward on his way to his own offices, and every morning he'd stop and watch one of the inmates, who was always winding up and pitching an imaginary ball.

One day my friend asked the student: "Why do you always stop to watch that guy who thinks he's Carl Erskine?"

"Very simple," the student said darkly. "If things go on the way they are, I'm going to be batting against that guy one of these days, and I want to get on to his curves."

A lecturer was describing the effects of continuous indulgence in the use of alcohol. He mentioned a case in which a man had drunk to excess for a number of years and was so saturated with alcoholic fumes that one night when he was blowing out a candle his breath took fire, and in a short time he died from spontaneous combustion.

One of the audience said that he wished to thank the lecturer for having saved his life.

"How have I saved your life?" asked the speaker.

"How?" replied the man. "No more candles for me. I'm going all-electric."

Largest grass in the world is bamboo.

Fashions

"Princess" dress



4783 14½-24½

by Anne Adams

If you're the shorter, fuller figure—choose this step-in "princess" dress to keep you looking slim and smart all season! Its simple, smooth lines are easiest sewing—adapt so beautifully to almost every fabric. Cool neckline, three sleeve versions!

Pattern 4783: Half Sizes 14½, 16½, 18½, 22½, 24½. Size 16½ takes 4½ yards 39-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Write plainly: Size, Name, Address and Style Number and end orders to:

Anne Adams Pattern Dept.,
Department P.P.L.,
60 Front Street W., Toronto.

Be sure to write plainly your Name, Address and Pattern Number.

FAVORITE FRUIT

Strawberries, both fresh and canned, are good sources of nutrients needed in the diet. Vitamins A and C, in addition to protein, iron, calories and carbohydrates, are available in this delicious fruit.

FILET CHAIR SET

Graceful design formed by simple filet crochet



7338

by Alice Brooks

Beautify your home with this elegant set for chairs or buffet. Graceful bird-and-rose design is formed by simple filet crochet!

Pattern 7338: Charts, directions for filet-crochet set in No. 50 mercerized cotton. Chair-back 12x18 inches; armrest 6x12 inches.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted) to:

Household Arts Department,
Department P.P.L.,
60 Front Street W., Toronto.

Two FREE patterns—print—in the new Alice Brooks designs for 1956! Stunning designs for yourself, for your home—just for you, our readers! Dozens of other designs to order—all easy, fascinating hand-works! Send 25 cents for your copy of this wonderful look right away!

BURNS NEED FIRST AID FAST!

First aid for a person suffering from burns is urgent. Until medical aid arrives, the patient should be kept warm. Clothing touching burns should not be removed and blisters must not be broken. The burned areas should be covered with sterile dressings, over clothing if necessary. Large quantities of warm sweet tea may be given to the patient.

Family favorite

So delicious, and so easy to make, too! For dependable results when you bake at home use fast-rising Fleischmann's Active Dry Yeast.



Rye Bread

1. Measure into bowl ¾ cup lukewarm water

Stir in 1 tablespoon granulated sugar

Sprinkle with contents of 3 envelopes Fleischmann's Active Dry Yeast

Let stand 10 minutes, THEN stir well.

2. Stir into yeast mixture ½ cup warm water

2 tablespoons soft shortening

½ cup molasses

1 tablespoon salt

2 teaspoons caraway seeds, optional

Stir in 2 cups once-sifted rye flour (light or dark) and beat until smooth.

Work in 2½ cups (about) once-sifted all-purpose flour to make a stiff dough.

3. Turn out on lightly-floured board and knead until smooth and elastic. Place in greased bowl and brush with melted shortening. Cover. Let rise in warm place, free from draft, until doubled in bulk—about 1½ hours.

4. Punch down dough. Divide dough in half. Shape each half of dough into a loaf. Place loaves, well apart, on a cookie sheet sprinkled with caraway. Cover with a damp cloth. Let rise until doubled in bulk—about 1 hour. Brush each loaf with a little cold water. Bake in a hot oven, 450°, 10 minutes. Reduce heat to moderate, 350°, and continue to bake until loaves sound hollow when tapped with knuckles—20 to 25 minutes longer. Yield—2 loaves.

Yield—2 loaves.

Yield—2 loaves.

Yield—2 loaves.

Yield—2 loaves.

Yield—2 loaves.

Yield—2 loaves.

Yield—2 loaves.

Needs No Refrigeration

MAKE YOUR RESERVATIONS NOW for the TENTH (AND LAST) CHURCHILL EXCURSION

HUDSON BAY
CHURCHILL

JULY 25-31

Low, ALL-EXPENSE PAID FARES (for two in a lower) \$92.00 per person (other rates on request)

AVOID DISAPPOINTMENT! Make your Reservations NOW by sending \$10.00 to:

- Any C.N.R. Agent
- Secretary, Hudson Bay Route Association, Saskatoon.
- Chambers of Commerce
- W. J. Hansen, Trade Information Services, Legislative Bldg., Regina.

DEPARTMENT OF CO-OPERATION and CO-OPERATIVE DEVELOPMENT

PREMIER T. G. DOUGLAS, Minister - B. N. ARNASON, Deputy Minister

BOZO



By Foxo Reardon

WEEKLY
BIBLE
COMMENTTHE GREATNESS AND
POWER OF LOVE

The most complete and perfect exposition of the nature, meaning and application of love in daily life is found in Paul's first letter to the Corinthians.

Paul begins by contrasting love with things that men might desire to possess. These include fluency and power of speech, the gift of prophecy, wisdom to understand mysteries, a strong faith, and even sacrificial charity. But without love, all these things profit nothing. It is in such terms that Paul reveals the greatness and power of love.

Then he turns to an exposition of love by what it is and what it does. It is kind and long-suffering. In love, there is no place for envy, no place for pride or boasting. Love is never self-seeking. It is the mark of the highest and finest discipline in life. Love has as its allies righteousness and truth, endurance, faith, hope—all of these are the very essence of love.

Love, too, is persistent; it never fails. When prophecies and eloquence are done, and whether or not there be knowledge, love will continue, for love is the true goal of all divine purpose and human endeavor. The things that abide are faith, hope and love, but the greatest of these is love.

The greatest task before men of good will today is the conquest of hate. We must do all in our power to end violence, cruelty and terrorism. But after we defeat the forces and designs of evil, we shall still be far short of a real victory unless we overpower hate with the power of love.

Quick
Canadian Quiz

- What is the distance, by boat, from Halifax, N.S., to St. John's, Nfld.?
- In the first quarter of 1955 Canada had a deficit of \$24 million in foreign trade. Was this more or less than the deficit for the first quarter of 1956?
- Of the four western provinces, which was the first to enter Confederation?
- Of the 109,946 immigrants who entered Canada last year, how many were women and children?
- In 1950 federal government spending totalled \$2,311 million. What will be the total in the current year?

ANSWERS TO QUICK QUIZ

- About \$5 billion. 3. Manitoba, in 1870. 1. 625 miles. 4. Over 52,000 women and children. 2. First quarter trade deficit in 1956 is estimated at \$225 million.
- (Material prepared by the editors of Quick Canadian Facts, the pocket annual of facts about Canada.)

On The Side: • By •
E. V. Durling

In my opinion a toothache is the worst of all sufferings that do not require the sufferer to stay in bed. Shakespeare said: "There was never yet the philosopher that could endure the Toothache patiently." Robert Burns, in a poem titled "Address to the Toothache," said, "My curse upon your venom'd sting that shoots my tortured gums along." And Thomas Hood wrote:

Of all our pains, since man was curst,
I mean of body, not the mental,
To name the worst, among the worst
The dental sure is transcendental.

Another myth discontinued

That there is an outstanding advantage in a first baseman being left-handed is a fallacy. Some great initial sackers such as Hal Chase, Lou Gehrig, George Sisler and Jake Daubert were southpaws. Still, being left-handed was not a major factor in their achieving greatness. As a matter of fact, there have been more great right-handed first basemen than left handers. Just to name a few of the great right handers, consider the records of the following: Cap Anson, Dan Brothers, Harry Davis, Frank Chance, Stuffy McInnis, Ed Konetchy, Jimmy Foxx, Jake Fournier, Gil Hodges, George Kelly, Hank Greenberg, Rudy York, Hal Trosky, Johnny Mize, Frank McCormick and Pat Tebeau.

In a few words

Some readers who have been discussing the personality and character of Grace Kelly have asked what are said to be the "four attributes of a lady." The answer is: "Sincerity, simplicity, sympathy and serenity." "Nobody knows for certain to whom Shakespeare's sonnets were addressed, but there is no doubt that Patrician's sonnets to Laura were addressed by the poet, a bachelor, to a married woman who was the mother of 11 children!"

Baseball baffler

"How could a team make six hits in one inning and yet score no runs?" That query is baffling a couple of readers who ask if I have an answer for it. My answer would be: the first three men get on with infield hits. The next three men each hit balls that hit a base runner. Six hits—no runs.

Chapeau reveal all

It was Cardinal O'Connell who said, "You can tell the quantity of a woman's brain by the kind of hat she wears it." Note Cleopatra listed among the "twelve most beautiful women in the history of the world." Cleopatra was no beauty. Her success in affairs of the heart was due to the fact that she understood men.

Easy come, easy go

The office divorce rate is reported showing an alarming increase. An "office divorce" in case you are not familiar with the term, is when an executive and his secretary come to the parting of the ways. It is the secretaries who are taking the initiative. They part with no particular regrets. The demand for their services is so great they can soon effect another alliance. It is the executives who are carrying the torch.

The Sports Clinic

(An official department of the Canadian Amateur Sport and Physical Fitness Development Service)
By Lloyd Percival

Add pep to your legs

Athletes taking part in a long baseball double-header, a track meet or a day of golf or tennis have to use their legs a lot, and they often find that they lose their pep, speed and agility as the afternoon wears on. Here's a hint that will help you beat this problem.

Whenever you have the opportunity to rest, try to find something on which you can prop up your legs—the higher the better. By propping your legs up over your head this way you make the heart's job of replenishing the blood in the legs much easier, since blood circulates from the heart, through the legs and back to the heart. If the legs are not propped up, the heart has to work against gravity to do this job—and its an important one if the legs are to remain full of life during the long day's activity.

Loose shoulders mean more hits

In baseball one of the most valuable assets a player can have is ability to get hits when it counts, such as when there is a man on base.

To often, batters at the plate with a man on base develop tension in their jaw muscles and through the shoulders. But to do a good job at the plate, you've got to have a free, easy swing. Tension will spoil your swing and your timing.

So, remember, when you are at bat, and especially when you are hitting "in the clutch," concentrate on keeping your jaw and shoulders loose. Loose shoulders mean a smoother and easier swing and increase your chances for a hit when you really need it.

Avoid "no man's land"

The part of the tennis court halfway between the net and the baseline is known as "no man's land," and the biggest favor you can do your opponent is to get caught there.

This area leaves you at the mercy of any well-placed return. If you have to go in this area to return a shot, make your play and then quickly move on up to the net or go back to the baseline. Keeping good court position is vital in top tennis, so take our tip.

EXPECTANT MOTHER

The expectant mother depends greatly upon her diet to maintain normal good health during the waiting period. Following Canada's Food Rules for a well balanced diet will help her to obtain the necessary nutrients. The daily milk allowance should, in her case, be increased to one and a half pints and one egg daily should be added to her diet.

The Canadian Amateur Sports and Physical Fitness Development Service is a nationwide project operated by Sports College to improve standards of sports and physical fitness. This newspaper is pleased to participate in this service by presenting the "Sports Clinic" to its readers in the interests of this community. Further information about how the CASPFDS can help you may be obtained from Sports College, Box 99, Toronto 1, Ont.

Fuming father, polite police

While Rosa Anna Tandler's parents of Detroit, were away on a trip, Rosa opened a letter from Adrian, Mich., police, saying that her father owed \$1 for illegal parking.

Rosa, 12, promptly mailed in a dollar bill. When her father came back, he hit the ceiling. He had never been in Adrian and told Rosa he wouldn't pay her the dollar back.

Rosa wrote a polite note to Adrian police explaining the situation and asking for return of her dollar. She got it, along with a note of apology—there had been a mixup in licence numbers.



WARM WEATHER—Arrival of warm weather makes vacation time seem a lot closer, and it's as well to make sure you're adequately provided for summer swimming and sunning. Feminine prettiness combines with streamlined efficiency in a two-toned beach beauty of acetate and latex fabric. Bodice is banded and finished with neat bow at front shirred side panels add style interest. Suit is lightly boned and shape underlined with power control girdling.

Glitter finish for interlocking beads

Plastic interlocking beads, known as "poppets," have been on the market for some time, but a London firm has now produced these with a new glitter finish. The treatment makes the beads sparkle and is available in five shades.

The plastic poppets are supplied loose—so that the purchaser can make her own selection of colors and any length of necklace or bangle desired—or already assembled. The beads are extremely cheap and almost indestructible, and in the new glitter finish and an imitation mother of pearl, are proving extremely popular in many overseas markets.

BE A COURTEOUS DRIVER

Ticklers

By George



"Let's pretend that I'm your minister. Kindly move to the back of the church!"

:: Weekly Crossword Puzzle ::

Sign of Zodiac

- | | |
|-------------------------------|---------------------|
| HORIZONTAL | 4 Cubic (ab) |
| 1 Depicted sign of zodiac | 5 Domestic slave |
| 7 It is a sign | 6 Burn |
| 13 Waken | 7 Woman sailor |
| 14 Interstice | 8 Angered |
| 15 Correlative of neither | 9 Northeast (ab.) |
| 16 Artless | 10 Throw |
| 18 Speak | 11 Passed |
| 19 Social insect | 12 Turkish subjects |
| 20 Did wrong | 17 Not (prefix) |
| 21 Health resort | 25 Unoccupied |
| 22 Mile (ab.) | 26 Expired |
| 23 Sheet (ab.) | 41 English river |
| 24 Cautic | 28 Ring |
| 29 Two (prefix) | 43 Boy's |
| 30 Conducted | |
| 31 Malt drink | |
| 32 Parent | |
| 33 Escaped | |
| 34 Strike with open hand | |
| 37 Of (suffix) | |
| 38 "Old Dominion State" (ab.) | |
| 39 Witnessed | |
| 41 Accumulate | |
| 46 Through | |
| 47 Haster | |
| 48 Man servant | |
| 49 Worthless scrap | |
| 50 Reverser | |
| 52 Deny | |
| 54 Small inches | |
| 55 Gazed fixedly | |

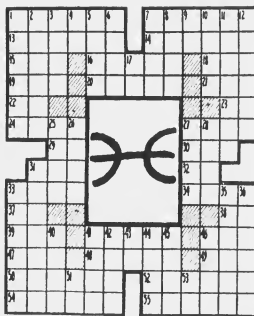
VERTICAL

- American canal
- Saturate
- Kind

Here's the Answer



- | | |
|--------------------------|-------------------|
| 33 It means the nickname | 44 Indian weights |
| 35 Opposed | 45 Printing ters |
| 36 Severed | 46 Flow |
| 40 Dam | 51 Palmlike plant |
| 41 English river | 53 Note of scale |

Ten Word
INTELLIGRAM

Check the correct word:

- The (Republicans) (Democrats) will hold their convention in San Francisco this summer.
- Their party chairman is (Paul Butler) (Leonard Hall).
- Australian miler John Landy (was) (was not) the first to run a mile under four minutes.
- The proposed Aswan Dam will be built in (Iran) (Egypt).
- Recent visitor to the United States was President (Sukarno) (Romulo).
- He is the leader of (Indonesia) (the Philippines).
- The population center of the United States is in (Missouri) (Indiana).
- The Pacific Ocean is (larger) (smaller) than the Atlantic.
- Paprikash refers to (a Pakistani diplomat) (food).
- Tallest mountain on the North American continent is (Mt. Whitney) (Mt. McKinley).

Count 10 for each correct choice. A score of 0-20 is poor, 30-60, average, 70-80, superior, 90-100, very superior.

Decoded Intelligram

1—Republican 2—Leonard Hall 3—Was not 4—Egypt 5—Sukarno 6—Indonesia 7—Indiana 8—Larger 9—Food 10—Mt. McKinley

—By Chuck Thursday

PEGGY



PEGGY



THE TILLERS



—By Les Carroll



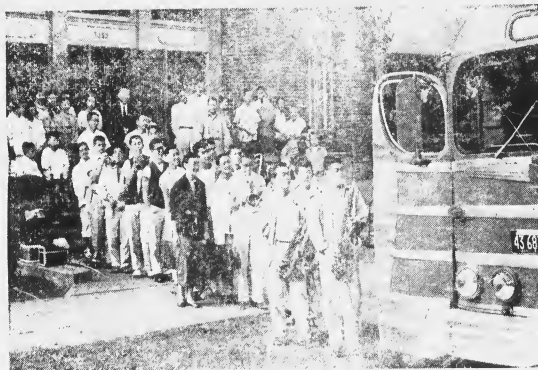
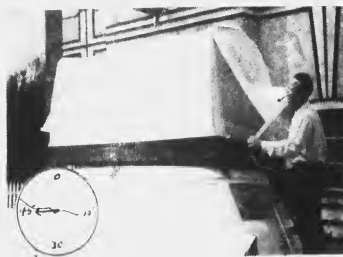
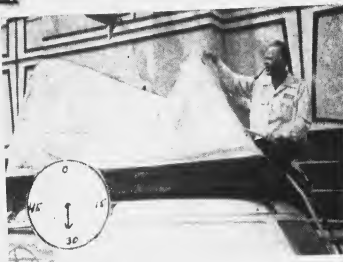
Creston Man, Doug Kinney, Eliminates Camp Drudgery With Car-Top Tent

Measuring 4'x8' and essentially copied from Popular Mechanics, but with some improvement of design and with the addition of a button-up side tent, the seconds required to prepare for bed make this an ideal unit for tourists and campers requiring accommodation for up to six people. After construction and road test, carrying canoe, outboard motor and camping equipment, Mr. Kinney reports that the additional weight has very little effect on handling even at high speeds.

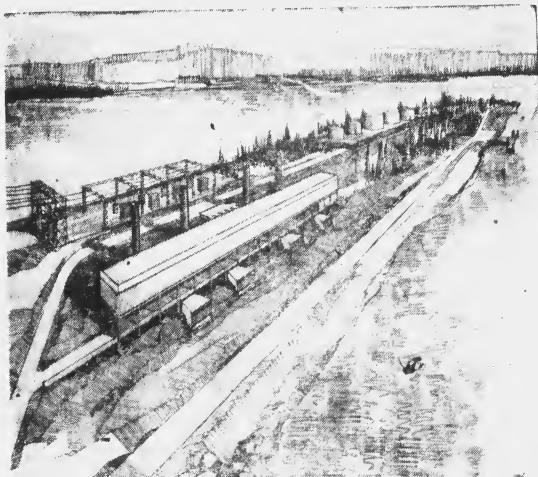
Easily made up, using bolt construction, total costs have run to \$60 including kitchen tent on the side which buttons on to the travelling cover.

Using a well designed food box for passenger use, sleeping bags and air mattresses, a party is ready for the road with a minimum of lost time at the beginning or during a trip. The ladder is hinged for easy access to trunk or back of station wagon.

The design is adaptable for all types of vehicles, from Austins on up.



● Twenty-six high school and junior high school members of the Seattle Japanese Buddhist Church packed up their strictly American-type jazz instruments recently for a chartered Greyhound bus trip to Los Angeles where they played a jazz concert and for dances sponsored by the Buddhist Church organization there. Enroute, they also played under the sponsorship of Buddhist churches at Spokane, Wash.; Ontario and Portland, Oregon; Reno and Lake Tahoe, Nevada; San Francisco, Sacramento, Stockton, San Jose, Fresno and Santa Barbara in California.



● Artist's conception of B. C. Power Commission's 100,000 horsepower gas-turbine generating station to be constructed on Bare Point, near Chemainus, Vancouver Island. When it goes partially into operation next year, the \$13,300,000 plant will be the largest of its type in the world. Four gas turbines using bunker oil as fuel will drive generators to produce electricity to supplement hydro sources on the Island at peak load times and during periods of low water supply in storage reservoirs. The units are called gas turbines because, regardless of the type of fuel used, exhaust gases drive the turbines which, in turn, are linked to the generator shafts. Preliminary construction will get under way this month. The new plant will be the second largest in the Commission's province-wide system — second only to the 168,000 horsepower John Hart hydro station on Campbell River, Vancouver Island.

The Country Editor

Canadians: Alberta's high-ways minister says consideration is being given to a policy of issuing licence plates for five-year periods, licences expiring on the holder's birthday every five years. . . a day by day hobby which has kept him busy for 35 years is making ship models; that is the record of Creighton Zinck of Lunenburg, N.S., and in that time he has made 350 models, three hundred and twenty five of them were miniatures of the famous "Bluenose"

W. Horsey of Shaunavon, Sask., marked forty years as town clerk. . . a record observed by the town council recently . . . when a doctor came to Rocanville, Sask., the folks had a reception and tea for the couple, Dr. and Mrs. Cole, to welcome them to the community . . . Minnedoca, Man., fire department got an alarm call that a "house is on fire"; turned out it was a bird house in a tree, but it was a total loss when they got there. The kids tried to "take the chill out of the house" with a fire, but it didn't work . . . at Port Credit, Ont., 78 of 82 business firms on Main street petitioned council to remove all the parking meters . . . At Hanover, Ontario, front page news as the first Chinese baby was born there; the Lums are restaurant people; baby was third generation . . . Co-bourg, Ont., firemen were keeping their fingers crossed with no fire since February 6. . . at Lockport, Nova Scotia, town clerk George Redding marked the end of a 49 year career; until a year ago had not missed a single meeting the town council or school board . . . The Robin (Man.) Review reports: "Mayor Bill Ford tried to do too many fancy steps on his snow shoes last week and landed in the hospital with a twisted knee" . . . Picton (Ont.) Gazette reports that Miss Nellie Clarke, born the year before the California gold rush, celebrated her 100th birthday at Canimoun nursing home last remarkably alive

B. A. McKay, 96, of Watrous, Sask., carried off the travelling prize for whist at the Anglican social evening, the Manitou reports and there were three generations of McKays at the affair . . . At Estevan, Sask., it was chief of police, H. S. Caswell, who was seriously injured when his car was struck by a one-ton truck in the middle of a street intersection.

Rosetown (Sask.) Eagle: "Most Canadians fully realize that governments — municipal, provincial and federal — can only return to the people a value in social services equal to the tax dollars received from the people — that, and no more."

Hanover (Ont.) Post: "Honorable MPs should not be disappointed if ordinary Canadians take umbrage because of decision to squander public funds on foreign works of art in preference to granting necessary tax reductions."

The Port Perry (Ont.) Star is perturbed in all this talk of automation and increased leisure time, asks: "With the working week down to 30 or 32 hours what are we going to do with our spare time?"

"Roots of Mental Disorder"

By H.E. SMITH, M.A., M.Ed., Ph.D.

Any human scourge, such as mental illness, must surely have a cause or causes. In a scientific age we can no longer be content to accept explanations like fate, destiny, the will of God, the Devil's finger, or the witch's curse. Still less can we rest happily in ignorance and resignation.

We must concede, however, that our present state is one of considerable ignorance. Our reason for this is that over the ages we have thought of mental disorders as the blight caused by evil spirits, or as punishment for wickedness, or simply as manifestations of bad temper, revenge, or just plain cussedness. Another reason lies in the difficulty of separating mind from body, the mental from the physical, or even in deciding if we should think of them as two or only one. If as two then mind tends to get dreadfully confused with spirit, soul, and all sorts of religious and philosophical questions. The point of view now generally accepted, and found most useful, may be stated simply.

We must think of mind and body as one, inextricably connected. The presence of one, while life lasts, implies the presence of the other, at least in some measure. Psychosomatic medicine takes this position. Take emotion, for example. Is this mental or physical.

Both obviously. Moreover emotional disturbances lie at the root of practically all mental disorders. This means that mental disorders involve both body and mind.

At high human beings are equipped with a variety of impulses to action, with embryonic patterns of emotion (fear, love and rage at first), and with greater or less potential for intelligent behavior. These, together with body parts, are the constitutional endowment. The quality of endowment varies tremendously from one individual to another. And quality varies also in its appropriations to different environments. What might be an excellent constitution in primitive cultures where children are generally treated with great tenderness might be a poor constitution in Western lands where children are often neglected and sometimes even treated badly.

But whatever the constitution may be at birth, whether good in quality or bad, the environment begins to work on it immediately. First in importance is the mother or mother substitute. And next in importance as a rule are father, brothers, sisters, perhaps grandmother or father, small playmates, and of course all the physical environment of clothing, cribs, baths, and all manner of intimate attentions. From these first day habits, attitudes, emotional patterns, likes and dislikes, fears, acceptances, and rejections, are established with amazing rapidity. The foundations of personality are formed; and are formed. The earlier years the more important they are.

Of course this fact has been known for centuries. But it is only within the past short time, say fifty or sixty years, that anyone has really known why the early years are so important. Philosophers and poets have hinted at the reasons. Schopenhauer for example, put the patient and often frustrating works of psychologists has been telling. This topic I want to expand later, but one illustration of how things happen will be useful. Suppose a two-year-old, his mother's darling, pampered, petted, the centre of all attention, his every wish gratified, a little tyrant, is suddenly confronted with a rival, a new baby. In a twinkling his world tumbles about his ears. The tyrant is dethroned, abandoned he thinks for a usurper. Can one think of more fertile ground for jealousy, rage, hatred, and impulses to destruction? Their passions he may, under compulsion, learn to mask with a smiling acceptance of his diminished role, but they never disappear. They are woven into his personality as worm-eaten timbers may go into the foundations of a building.

He grows into manhood. Whatever the qualities of his constitution and of his early training, he must now face the stresses of the adult. No fertile imagination is required to conjure up problems: Competition, rivalry, public appraisal, courtship, marriage, career, war service — for months and years. How much stress will his background allow him to stand? How much stress can any of us stand?

Govt. grants, loans assist students

A total of 281 university students who might otherwise not have been able to obtain advanced education were assisted in 1955-56 by grants or loans from the provincial government under the Student's Assistance Act. Forty-four nursing trainees also received aid under the act.

In releasing details of financial help available, Department of Education officials said that since inception of the Students Assistance Act in April, 1953, a total of 666 loans totalling \$154,021 have been authorized. Repayment record so far has been very satisfactory to date, said Department of Education officials.

During the fiscal year, 1955-56, 133 grants totalling \$24,965.00 and 244 loans totalling \$62,861.00 were awarded. In addition, 44 grants totalling \$3,485.00 were awarded to nurses-in-training.

Grants not exceeding \$300.00 in any university year or \$1,000.00 during the complete course are available. Loans not exceeding \$400.00 in any university year or \$1,200.00 during the complete course are also available. A student may receive both grant and loan assistance if his academic standing is sufficiently high and financial need is indicated. Grants are available to student nurses who are in financial need to the extent of \$200.00 per student, not exceeding \$100.00 in any one year.

Students entering university require a matriculation average of 75% to be eligible for a grant, or an average of 65% to be eligible for a loan. Loans are subject to repayment at the rate of \$200.00 per year commencing one year after graduation or withdrawal from university. Simple interest of 3½% is charged. Grants do not have to be repaid.

The federal government contributes approximately 5% of the funds available for grants under the vocational training agreement. Under the act, a student is defined as a bona fide resident of Alberta who has registered or is about to register in a course leading to a degree at the University of Alberta, or any approved college or university for a course not available at the U. of A.

Students already enrolled at the university may apply to the Registrar for assistance. Those about to enroll should apply to the Deputy Minister, Department of Education, Edmonton.

Many students have stated that they would not have been able to remain at University without this assistance.

Should Parents Go To Church?

Should parents go to church—even if they don't believe in it—just for the sake of their children?

This was one of the searching questions asked of a panel of child-raising experts by writers John Caldwell and Trent Frayne ("Mr. and Mrs. in private life" in Toronto recently).

The panel discussion was tape recorded and is published in the current issue of Maclean's.

In answering the question on church-going, Mrs. March Dickens, a social worker, told the Fraynes, "I think it would be better if you asked your children to think and feel as you do. It's better if you asked your children to think and feel as you do. It's better if they think that the family is different from the community than they, individually, are different from the family."

The panel consisted of Mrs. Dickens, Mrs. Frances Johnson, supervisor, Institute of Child Study, Dr. William Hawke, psychiatrist, Dr. Victor Johnston, a general practitioner; Vernon Ford, psychologist; J. D. Ketchum, psychologist, and Dr. Garnet Hamblin, pediatrician.

On the question of drinking in front of children, Dr. Johnston said, "I think that it is most important that we should always drink openly in the family. I don't think there is anything harder on children than parents trying to hide their drinking habits."

The panel was asked to vote on whether children should be spanked for misdeeds. Six voted for spankings, with reservations, one voted against. Mrs. Johnson, casting a negative vote, said: "Spanking is a crude method because it doesn't teach a child what to do, but only what not to do."

"Who should tell children about sex?" the Fraynes asked.

Dr. Hamblin said the mother should, giving her children chances to discuss the matter with her. He believes the father, because of shyness, is useless to tell children about sex.

Tips On Touring

Since virtually every car in the nation will soon be getting pre-vacation attention, the owner should know if he or she is getting his money's worth.

"You don't have to be a graduate mechanic to recognize when your car is being lubricated properly. Here's how you can spot a first-rate attendant."

1. He follows a chart showing correct lubrication for your particular model. As more than 100 point may need lubricating, the conscientious mechanic won't trust his memory.

2. He spreads clean protective covers over the car's front fenders and over the seat to avoid scratches or grease smears.

3. He carefully wipes old grease or dirt from each fitting before he applies his grease gun.

4. He leaves all the dashboard fittings, wheel, brake and gear handles spotlessly clean.

If he's the kind of fellow who'll be annoyed at any of your questions, especially because he can't answer them — then take your business elsewhere.

There never was a right endeavor but it succeeded. Patience and patience and we shall win at last. —Emerson

Personalities IN THE NEWS

Mr. and Mrs. Len Ridgeway of Lethbridge were recent guests at the home of Mr. and Mrs. J. Nash.

Miss Beatrice Smith has returned home after a short visit with her sister Hilda at Radium, B.C.

Mr. Andy Salus has returned home after working on the D.E.W. line at Baffin Island.

Mr. W. Makin has accepted a position at Gunnar Mines, Saskatchewan.

Mrs. Olsen and daughter of Edmonton are visiting at the home of her parents Mr. and Mrs. P. Bolter.

Mr. and Mrs. J. Hibbert are the proud parents of a son born on July 1.

The Knight children of Cranbrook are visiting at the home of their grandparents Mr. and Mrs. J. Moore and their aunt and uncle Mr. and Mrs. L. Moore.

Mr. and Mrs. W. Knight of Cranbrook, formerly of Coleman, visited here with friends last week end.

Mr. and Mrs. W. Bennett of Fort Macleod visited here during the Rodeo.

Mrs. R. Yellia and daughter and Mr. and Mrs. Norman Hammer and daughter visited at Drumheller and Rosedale recently.

Mrs. Doreen Collings has accepted a position with the Pass Herald.

Mr. G. Watt, now employed at Golden, B.C., visited his family here over the week end.

Mr. R. McLeod, now employed at Field, B.C., visited his family over the week end.

Mr. W. Smith and daughter Margaret Elaine are visiting with relatives at Bellingham, Washington and Vancouver, B.C.

We are pleased to see Mr. Leon Pauville up and around again after being a patient in the C.N.P. hospital.

Mrs. R. MacAuley and daughter are visiting with her parents near Pincher Creek.

Mr. and Mrs. Arthur Duffield of Seattle, Washington, formerly of Coleman, were renewing acquaintances here this week.

Mr. and Mrs. Doug Skinner are the proud parents of a son, born on Friday, July 20.

At the recent whist drive held in the I.O.O.F. Hall it was very successful. Honors went to: First — Mrs. L. Hotte, Second — Mrs. R. Hutton, Kimberley.

Mrs. J. Moore has returned from a two month holiday spent in the United States.

Mr. Fred Fisher received slight injuries to his leg at work recently. We hope he will be up and around soon.

Mr. Alex Kellai and Mr. L. Slopek of Lethbridge visited in the Pass over the weekend on a fishing trip.

Mr. and Mrs. F. DeCocco and family were Calgary Stampede visitors. Linda DeCocco is in Calgary for a week visiting with Ruth Clark.

Mr. and Mrs. E. Dumont and family of Edmonton were Coleman visitors last week the guests of the latter's parents Mr. and Mrs. J. Kovack.

Marcel Pauville of Vancouver, formerly of Coleman, was renewing acquaintances here this week.

Mr. and Mrs. T. Halstead were Calgary visitors last week.

Mr. and Mrs. H. Acblin were visitors at Manyberries over the week end.

Miss Grace Lukack has left to spend a month's holiday in England. She sailed on the Empress of Scotland July 17. While there she will be the guest of her pen pal, Miss Muriel Brown at Penwortham, Preston, Lancaster, England.

Mr. Dan MacKinnon and daughter Kay and Miss Mary Lang of Kimberley, accompanied by Mr. Neil MacKinnon, of Truro, Nova Scotia, were week-end visitors at the home of Mrs. M. MacKinnon.

Mr. and Mrs. Frank Vincent have returned from a holiday spent at Calgary and other northern points.

Terry Moore, is spending a holiday at Cranbrook, the guest of his uncle and aunt, Mr. and Mrs. W. Knight.

Mr. and Mrs. Wm. Kelly of Princeton, B.C., has been visiting at the home of Mrs. Kelly's mother Mrs. E. Hoggan and grandmother, Mrs. E. McGrath, of Carbondale. They left last Thursday after a very enjoyable holiday. While in Coleman they took in the Rodeo and thought the parade was bigger and better than ever.

Mrs. G. MacDonald and son Gordon are visiting Cranbrook, guests at the home of her son and daughter-in-law, Mr. and Mrs. D. MacDonald.

Robert Hoggan of Kitimat, B.C., has been holidaying in Coleman at the home of his mother and grandmother in Carbondale. He left last week accompanied by his sister, Mrs. W. Kelly, and from Princeton he will fly to Kitimat, B.C., where he is employed. While in town Bob enjoyed the Rodeo and with Mr. and Mrs. Kelly took in the first few days of the Calgary Stampede.

Mrs. Anne Brennan is a patient in the Holy Cross Hospital, Calgary, and word was received that she is progressing nicely after an operation for a fractured hip. Her daughter, Mrs. Mollie Phillips of Detroit, Mich., is staying in Calgary at the present time. Her many friends in Coleman will wish her a speedy recovery.

Mr. and Mrs. G. Ross of Crows Nest, visited the latter's mother, Mrs. A. Brennan over the week-end at Calgary.

Mrs. A. Ryan of Calgary visited in Coleman over the week end.

Little Margaret and Edna Baer of Lundbreck, have been enjoying a holiday at the home of their aunt, Mrs. Dave Bouthellier of Carbondale.

Mr. and Mrs. Andrew Corneez and baby of Calgary, were recent guests of the former's father in Coleman.

Mrs. J. McKay was a recent visitor at the home of her daughter, Mrs. W. Smith.

Mr. and Mrs. M. Joy and family of Creston, B.C., were Coleman visitors on Sunday at the home of the latter's grandmother, Mrs. McGrath of Carbondale.

Mrs. W. Mason is a patient in the C.N.P. hospital, her many friends hope to see her around again soon.

Unemp. Insurance Questions and Answers

In this column we publish questions about unemployment insurance and employment, together with answers received from the Unemployment Insurance Commission.

Following are some questions with answers which may be of interest to you.

Q.—I am moving to the U.S.A. Can I get a rebate on my insurance book?

A.—No. However, under an agreement between the United States and Canada, to which nearly all states have subscribed, you may claim for benefit taken by the U.S. office in your locality should you become unemployed in the United States, and you may be paid any benefit for which you qualify under the Canadian Unemployment Insurance Act.

Q.—If I take a job in non-insurable employment can I still be insured if I pay my own premiums?

A.—No, except where your employment becomes non-insurable because your yearly earnings have risen to more than \$4,800 and where you have already been insured for at least 30 weeks in the two-year period immediately preceding this event.

Q.—Do I have to pay unemployment insurance if I work for a few weeks at an agricultural exhibition?

A.—If you do not ordinarily depend for your livelihood on insurable employment—for example, if you are self-employed or a student or housewife—you are entitled to a voluntary exception in respect of your employment at an agricultural exhibition, if it is for a period not exceeding thirty consecutive days. To become non-insurable on this basis, you must lodge with your employer at the

exhibition a declaration in writing that your livelihood is not ordinarily derived from insurable employment, on a form supplied by the Commission and called "Declaration of Inconsiderable Employment." However, if your ordinary employment is insurable you must be insured while working at the exhibition also and you are not entitled to obtain exception by lodging the Declaration of Inconsiderable Employment. If your employment at the exhibition is for more than 30 days, you must be insured regardless of your ordinary occupation.

Q.—I am paid a low rate of wages but receive a fairly large sum in tips each week. My benefit is based only on my wage rate and is therefore very low. May I not contribute and receive benefits on the combined rate of wages and tips?

A.—Yes, if you and your employer agree to regard such tips as part of your wages under your contract of employment and work out a satisfactory way of reckoning your total earnings so as to determine the correct class of contributions payable.

Q.—Is a widow entitled to any return of contributions or payment of benefit if her husband was not on claim when he died?

A.—No. This is an insurance plan, not a savings plan, and contributions are not refundable either to the contributor or to his heirs.

Q.—What happens to my stamps when my employer becomes bankrupt?

A.—Contributions are collectible from the estate of a bankrupt employer, and, if uncollectible, provision is made for crediting you with the unpaid contributions provided they are needed in qualifying for benefit and unemployment insurance deductions were made from your wages.

Q.—May I draw unemployment insurance if I left my job to go to another town with my parents? I left my job as "extra" clerk in a store. Am I entitled to unemployment insurance as this job was only an "extra" one?

A.—If you are a boy under 18 or a girl under 21 and your parents require you to leave your employment to go with them, you would not be disqualified for leaving voluntarily. An older person must show just cause for leaving in order to avoid disqualification and generally speaking leaving employment to be with parents is not considered just cause.

The fact that the job was as "extra" clerk would not prevent your being disqualified if you left it without just cause. However, it might mean a short period of disqualification.

Q.—While unemployed may I travel for about 15 days without losing any right to benefit? Must I notify the office to that effect?

A.—If you are receiving benefit, the answer to your first question is no. You may leave your local office area under certain conditions, but you must be available for work; that is, your local office must be able to locate you quickly if it has work for you. Consult your local office for guidance about your own case.

Wedding insurance

The best barbers and beauticians in the world are in Rome. Price of a haircut in Rome is from 20 to 50 cents. For a permanent the charge is about \$3. Incidentally the best looking women on the continent are Italian females. This is especially true of the feminine residents of Milan.

The bankroll of the father of the bride takes a terrific beating in many weddings. However, young papas with a female child under two can get protection against a future financial set back when their daughters marry. A "wedding insurance" policy is available. The father starts payments when the girl is two or less. Then, if she marries at 19 or older, the insurance company will pay all the wedding expenses.

The Moslem religion bans alcoholic beverages.

I must stand with anybody that stands right; stand with him while he is right, and part with him when he goes wrong.

—Lincoln



Attend Church

ST. PAUL'S United Church
— COLEMAN —
Rev. R. MacAuley, Minister
Sunday, July 29
10 a.m. — Church Service.
3rd Monday of each month
at 8 p.m. — Men's Club.

St. Alban's Church
— COLEMAN —
Rev. F. A. Dykes B. A. Lth.
Rector
Sunday, July 29
11 a.m. — Mattins.

Classified Ads

LOST

1 PAIR GLASSES in a Slip-in Leather Case. Finder please return to Coleman Journal. Reward. 2tp

FOR SALE

FRESH EGGS—For Sale direct to customers. Write for information to Box 10, Granum, Alberta. Phone R1006, Mrs. George Poelman. 2tp.

HOUSE FOR SALE 5 roomed House on 6th St. Coleman, with Pantry and Utility room. Phone 3709. 3tp.

COUNTER CHECK BOOKS
Apply Coleman Journal.

FEMALE HELP WANTED

BE A HAIRDRESSER—Join Canada's leading school. Great opportunity. Learn hairdressing. Big wages. Thousands successful. Pleasant, dignified profession. Full Jacobson's graduates. America's greatest system. Illustrated catalogue free. Write or call Jacobson's Beauty Academy, 128A 8th Ave., W. Calgary.

BUILDING CONTRACTORS

Builders' Headquarters
Celli's Building Supplies

LOW RAIL FARES TO

REGINA EXHIBITION
JULY 30 to AUG. 4

ONE WAY FARE AND ONE-HALF For The Round Trip
(Minimum Fare \$10)
From all stations in Manitoba, Saskatchewan and Alberta

GOING: JULY 28 TO AUG. 4
providing train on Aug. 4 arrives Regina by 5 p.m.
(Standard Time)

RETURN LIMIT, AUG. 6
If no train Aug. 6, first available train thereafter
Consult your ticket agent

Canadian Pacific
WORLD'S GREATEST TRAVEL SYSTEM

WE PRINT

Wedding Invitations

Call in and see our Samples

Wedding Cake Boxes For Sale

The Coleman Journal

KANANASKIS SERVICE STATION

British American Oil and the new Super 88 and 98 Gas

FISS TIRES — CHEVROLET DEALER
A complete Lubrication and Ignition Service

Open 8 a.m. to 10 p.m. Daily

Dial 3710 Proprietor Jack Nelson

Located on the No. 3 Highway at the Entrance to the Kananaskis Highway in Coleman.

Dial 3703 | PARK'S | Prompt Delivery

Dad's Cookies, 2 pkts. - .49

Aerowax, Quart Tin - .75

Niblet Corn, Green Giant 2 tins - .45

Cream Corn, 2 tins - .35

Pork & Beans, Libby, 2 tins - .45

Paper Towels, per pkt. - .25

Jello, 3 for - .29

Corn Flakes, Giant, 2 for - .53

Marshmallows, Angelus, pkt. - .45

Soup, Campbell's Vegetable 4 tins - .59

Writing Pad & Envelopes - .29

Spork or Prem, 2 tins - .85

Sardines, Brunswick, 3 tins - .35

Millionaire Sardines, 2 tins - .43

Tuna Fish, White, per tin - .39

Marmalade, Shirriff's Good Morning jar - .55

Apple Filling, Sunrype, 2 tins - .55

Sundae Sauce, Stafford's SPECIAL 2 tins - .39

Corned Beef, Hereford, tin - .47

Shinola Wax, per tin - .45

Peas, Prairie Maid, 2 tins - .29

Puffed Wheat, 12 pt. size - .19

Purex, 3 rolls for - .39

Wax Refills, per pkt. - .29



No Meal Is Complete Without

BREAD and PASTRY

Good Material and Fine Workmanship go into our products

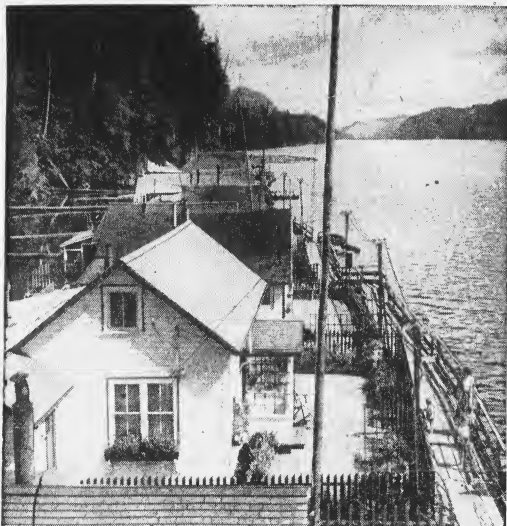
Be sure you have some of our delicious, wholesome pastry ready to put on the table when company calls.

Timmerman's Bellevue Bakery Products

A. Timmerman, Proprietor.

Telephone 4643, Bellevue

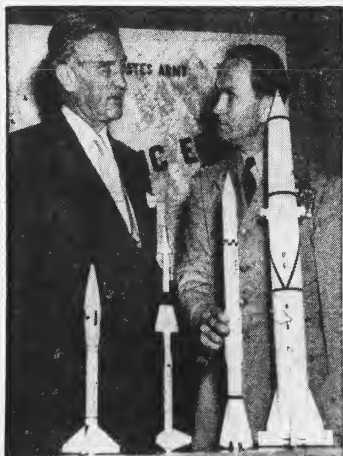
World Happenings In Pictures



WORLD'S LARGEST FLOAT CAMP—Few Canadians are aware that British Columbia boasts the world's largest float camp connected to the shore by cables but kept at a distance by poles. No one could live closer to sea-level than these people do. There's simply no room on shore for the logging camp with its shops, bunk houses and family homes. In this series of large rafts at Hoberg, Vancouver Island, wooden sidewalks form the main street and the camp has its own community hall, store, school and health services.



MODEL CLAIMS 'WHITE RECORD'—French model Colette Duval is being examined after her free fall parachute jump over Copacabana beach, Rio de Janeiro, Brazil. She dropped 24,000 feet from a plane before opening her chute. The jump eclipsed her own record of 28,330 feet set last year. The 'chutist' also claims to have broken the men's record. Apart from bleeding from one ear she suffered no injury as a result of the jump.



ROCKETING CONTROVERSY—Sen. Stuart Symington (D-Mo) talks with Lt.-Gen. James M. Gavin, chief of army research, as the U.S. Senate armed services subcommittee on air power prepared to hear testimony on views of army, navy and air force concerning guided missiles. Model missiles shown are, from left: Honest John, Nike, Corporal, Redstone. Not shown is Air Force's Talos. Alleged advantages of Talos over Army's Nike sparked the recent inter-service hassle.



TALL PROMISES: Japanese women hang banners out to dry on 'tall racks' at a Tokyo dye works as they ready the fluttery come-ons for merchants' summer sales efforts.



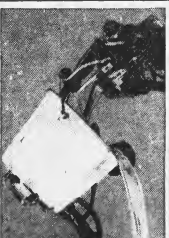
LIGHT HOUSEKEEPING: Eddie Holden is a laundry specialist. His job is to keep the six shutters of the White Sox, that is, The Chicago, Ill., electrician keeps the floodlights polished at Conkey Park. Sufferers need not be perturbed at his method of ascending the light tower. Eddie's posing outside the pinders for better pictorial effect. He actually ascends the ladder in the approved manner.



FROST VICTIM: Robert Burnham, of East Hartford, Conn., sees hope for a prosperous summer nipped in the bud as he examines one of some 12,000 tomato plants killed by late spring frost. Crop damage in the millions is expected to result in eastern part of the U.S. in wake of record-breaking frigid spring weather.



TEE HEE: No babe in the wood with truck clubs. Paul Hahn is puzzled only as to why you're puzzled about the triple-jointed wood. A truck-club artist, Hahn recently took off with his bag of tricks at a Kansas City, Mo., tourney. He claims it's possible to make a 250-yard drive with his wacky club.



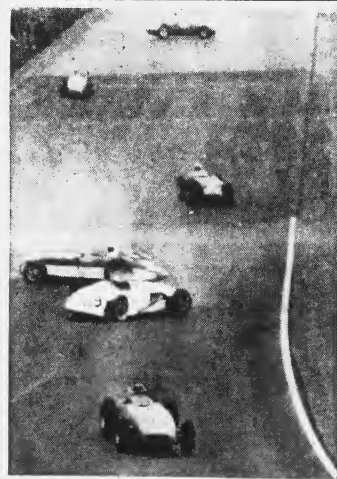
DEXTEROUS—"Hands" of the "Yes-Man" pour a bucket of water to demonstrate dexterity of a remote-control device recently developed by General Electric. The machine, intended for remote control of operations in radioactive areas of a plant, duplicates exactly movements of operator who is outside the danger area.



TEDDY THE PARATROOPER—Private Teddy is just a toy panda but his role as a paratroop mascot is for real. Mascot of the 2nd Battalion, Royal Canadian Regiment stationed at London, Ont., he's equipped with his own beret and parachute. He won his wings in real jumps. Teddy's bearded friend is Sgt. Joe York, of Toronto.



PETER THOMSON, Australia's holder of the British Open golf crown, attired in Texas cowboy hat, holds cheque for \$13,478 which he won in a sudden-death playoff in the \$70,000 Texas Open. Thomson disposed of Cary Middlecoff and Gene Littler in that order in the extra play.



INDIANAPOLIS SPEEDWAY CLASSIC—This chaotic scene in the Indianapolis Speedway classic shows spinning cars crashing into each other. Sam Hanks (4) and Keith Andrews (89) bang into each other. Troy Ruttman (53) spins into the inner apron and another car is spinning in background. Jim Rathmann (24) and Fred Agabashian (42), foreground, get safely past the mishap.

OUR COMPLETE SHORT STORY —

love from daddy

—By EDNA CORNELL

PEGGY McNAUGHTON gazed through the window at teenagers strolling into the school grounds.

She watched the bobbing of coloured head scarves and curls, and flashes of diamond socks as bare legs crossed again and again toward the hub of learning. Bicycles hurried along dirt paths. Laughter and girlish voices popped up everywhere.

Would her own small children one day step across the street into this structure of higher education? Or was Terry to make the whole thing impossible by refusing to fight the one thing which held him so securely in its grip?

Peggy turned from the window, where scrim curtains trembled against the ice-blue pane. She looked through the dinette where cigarette ashes lay on the maple table. She saw glasses standing in white rings of their own making, empty bottles with gold labels, black scuff marks on the linoleum.

Were her efforts worth while? Could a home be built on crumbling foundations?

She pussy-footed through the dinette, hating the dead ashes, the odor of bottles, the smoke-film on the windows. She went into the living room, not wanting to remember the smashed bottle on the hearth, or its reason for being there.

She thought of marriage, and Terry. Terry with his grasshopper moods, and bantering manner: his quick smile, and rough black hair. Terry was like one of these bundles of quilt pieces, full of surprises and disappointments; of brightness and ugliness.

The old minister had quoted: "For better or for worse." And he might have added: "Because there will be a fine little son and daughter, one day."

It might help to throw one's self across the bed and weep as women do when seeking refuge. It might help to pick up that blue Chinese vase and send it smashing against the wall, but neither didn't do that. They didn't seek refuge in bed, or in the kitchen. They just went on day after day, as if all the world were a beautiful scene place, and their individual hearts were not sore and her hands. The girlish chatter had

ceased, and sparrows twittered unceasingly a bus cruised by, followed by a cracking motorcycle. In two and a half hours, Jackie and Barbs would be home, chattering wildly about their day at school. To them, life was a normal, happy affair, except for those occasions when they witnessed Terry's fall from his paternal pedestal. And because they were so ready to reinstate him, the break would be difficult.

But it must be done, and done now!

The realization called for action, heavy with grief. Peggy knew their little tricks of camouflage. They took extra precautions with make-up to cover up the tiny lines of strain etched firmly, oh so firmly, into youthful skin. They rubbed vaseline on eyelids to counteract the feverish shine in their eyes. And they dressed with care. Random heels and torn nylons were sure signs of weakening.

Peggy sank down on the mouse-grey chesterfield, cupping her chin in the ink-leather palms of her hands. She jumped to her feet and gathered up dishes and bottles. She would brush up ashes, vacuum the rug, put flowers on the table.

She would leave the house as usual, but when she went out this time the door would be locked for the last time. There would be no turning back now. She and Terry had had their last quarrel, and any further conversation would be done before a lawyer.

This was the end of Mr. Terry McNaughton and his nonsense. He could rejoice alone, and repent alone. She had enough!

Rushing through the house, Peggy felt light-hearted, because at last she was standing up for her rights. She would find a job, and the children must accept a few responsibilities. An apartment would be difficult to locate, but one room and a gas plate would be fine for a start.

Wings grew to her slim ankles, now that she'd made her decision. The house was tidy again. Peggy stepped into the tiled bathroom, stripped off her clothes, pushed her golden hair under a plastic cap, and turned on the shower. She held up her face and her arms, letting the warm water wash away her weariness. She rubbed herself dry, and slipped into fresh underthings, and a tailored dress. Clothes and thoughts must be practical from now on, for she would be the breadwinner!

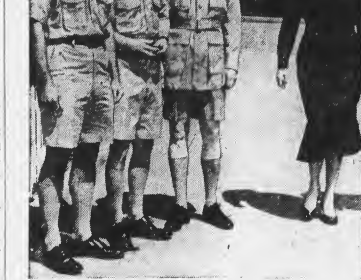
Never again would she be hoodwinked by endearments and gifts. Terry, like Custer, had made his last stand, as far as she was concerned.

She screwed pearl studs to her ear lobes, and patted the golden waves of her hair. She smoothed the blue dress over her hips, easing away untidy lines, and pinned a clip to the shoulder.

It was then she heard the foot steps running lightly up to the door, and the double chime murmuring through the house. Who on earth could that be? At a critical time like this?

She opened the front door, warily, and saw the florist's boy in blue uniform. He saluted smartly and handed her the box. She took it to the kitchen and opened it on the table, folding back the pink tissue. Nestling in maidenhair fern, there was a white card.

Peggy was still cradling the flowers against her face when the children burst in the back door. Jackie flung down his books, and with typical male unconcern, sniffed: "Flowers, huh? Gee, I'm



KNEADED: SHOCK ABSORBERS—Knobby knees of air force personnel, left, attract a quizzical glance from Airwoman 2/C. Pat Pickett, right, at Manhattan Beach Air Force Station, N.Y. The three stalwarts model the new, abbreviated summer uniforms intended for base-or-duty station wear only. The men are, from left: Lt. Allen Claire, Lt. Larry Rappaport, M/Sgt. Vincent Anderson.

Clear, permanent livestock brand real protection against loss

REGINA—A clear and permanent livestock brand is real protection against loss of animals by straying, or theft, said C. E. Beveridge, Saskatchewan's livestock commissioner.

A brand is legal as evidence of ownership only after it has been registered with the Recorder of Brands, Saskatchewan Department of Agriculture. A livestock owner makes application for a brand and when allotted it is known as a recorded brand. The cost is \$2 for a four-year period, and the brand may be placed in any position on the animal except on the ribs, providing it is in the position allotted to the applicant.

Foggy vapor feeds prized old redwood

"Old age assistance" in the form of a fog maker is being given a prized 1,110-year-old redwood, 160 feet tall, by its namesake, Palo Alto, Calif., states the Forest Gazette.

Water has been piped to a sprinkler in the tree top to water the doddering old grand-daddy twice a week in dry times.

The foggy vapor thus supplied creates the ideal climate of redwoods, and cleans city smoke and grit from its needles. As a geriatric tonic for the old landmark, small amounts of iron and nitrogen are to be added to the fog in hopes of tacking an extra 500 years on its life.

The huge redwood is said to have suggested the name of Palo Alto—which means "tall tree" in Spanish.

hungry!" His world was still secure.

Barbara stole up, soft eyed and gentle. "Ooo. Aren't they pretty, Mum?" Then her blue eyes narrowed concern and anguish. Her lips trembled slightly. "Mommy, she whispered, 'you're crying'."

Peggy swallowed with difficulty. She looked at her daughter's anxious little face, blurry through tears. "Crying? Oh, no, Honey. You see these flowers are still damp with dew. I just got a little water on my face."

"Are those flowers little kings wrapped in ruby velvet, and sparkling with diamonds? You told me that once."

"These are little messengers from the king."

"You look so pretty, Mommy," Barb said, fascinated.

"Do I, dear? I guess that's because I want to look extra nice when Daddy comes home tonight."

softly said Peggy, treasuring the card from the box:

"Love from Daddy."

239,912 Bottles whole blood provided through Red Cross

The Canadian Red Cross provided 239,912 bottles of whole blood for free transfusions to 149,628 patients in Canadian hospitals last year.

This was a record high of the use of whole blood. More than 5,000 bottles of blood were used last year than in any year since the Red Cross free blood transfusion service was inaugurated in 1947.

These statistics were released recently by Vernon C. Hale, national blood donor chairman of the Canadian Red Cross Society. "The use of this blood for free transfusions represents a saving of almost \$6,000,000 for the people of Canada," he said. "This figure is based on the prevailing price of \$25 per bottle which is charged where the free Red Cross service is not in operation. At present, this service is provided throughout British Columbia, Alberta, Saskatchewan, Manitoba, Nova Scotia, New Brunswick and Prince Edward Island and in certain areas of Ontario and Quebec."

Mr. Hale also commended the citizens of Canada who voluntarily donated 374,982 bottles of blood to the Canadian Red Cross during 1955. He said the blood not used for free transfusions was sent to Connaught Medical Research Laboratories of the University of Toronto. There it was put through a fractionation process for the recovery of several vital blood products. These are serum albumin, gamma globulin, and fibrinogen. Serum albumin has now replaced dried plasma and is used especially in the treatment of severe burns or shock. Gamma globulin is used for medical research and the treatment of several infectious diseases. Fibrinogen is usually used in cases of severe hemorrhage.

All of these blood products are distributed free to Canadian hospitals by the Canadian Red Cross Society. A quantity of serum albumin is also being stockpiled for civil defence and the Armed Forces.

"The number of lives saved by the blood donated to the Red Cross and the research being carried on by our laboratories will never be known, but we do know that it is a vital contributing factor to the health of Canada," Mr. Hale commented.

Dr. George W. Miller, national director of the Canadian Red Cross Blood Transfusion Service, reported \$26,083 Canadians have received free transfusions of 1,351,334 bottles of whole blood since 1947 when the peacetime project was established.

He also provided 1955 statistics on another important but little known free service of the Red Cross Transfusion Service. During the year, technicians in Red Cross laboratories conducted 124,133 clinical Rh tests for expectant mothers throughout Canada.

Machine best for washing lingerie

Researchers at Michigan State University say the washing machine does a better job keeping white nylons white than the hand laundry method.

Researchers in the university's textiles and clothing department found that both hand and machine laundering produce satisfactory results, but the more constant amount and temperature of water, plus the effective scouring and thorough rinsing, ranked the machine number one. These factors are especially important in preventing yellowing of nylon slips, they said.

Both washing methods prevented a redepositing of dirt which causes cloth to appear gray, the study showed.

The researchers also found that tricort knit nylon slips shrink slightly more than woven satin slips.

3199

a frankfurter is usually about 25 cents.

Why do the people who are allergic to fresh air ALWAYS occupy the window seats on buses these hot summer days?

A horrendous mistake is how you define the trivial error you often make when it's perpetrated by the other fellow.

The "all expense" in the phrase "all expense-paid vacation" stands for all the expenses you must pay to fully enjoy your vacation.

"Her dress is rayon, her stockings nylon, her coat is orlon, her gloves are dyneel, her slip is dacron . . . nobody is going to pull the wool over her eyes."

1 1/4 cups milk

1 egg yolk, beaten

2 tablespoons lemon juice

1/4 cup MAZOLA Salad Oil

Cooked green vegetables

PLACE fish in shallow baking pan; dot with butter.

SPRINKLE lightly with salt; bake in hot oven (425°F.) for 20 minutes.

MIX BENSON'S or CANADA Corn Starch, salt and pepper in a small amount of milk until smooth.

STIR in remaining milk; cook over low heat, stirring constantly, until mixture thickens and boils.

BOIL 1 minute; stir constantly.

REMOVE from heat and gradually add to egg yolk.

RETURN to heat and cook 2 minutes, stirring constantly.

REMOVE from heat; slowly beat in lemon juice.

ADD MAZOLA beating until smooth.

ARRANGE green vegetables around cooked fish.

COVER with sauce and serve immediately.

YIELD: 4 servings.

Jane Ashley Says

"Corn Starch Makes Smoother Sauces!"

FISH 'N' SAUCE

1 pound fish fillets

1 tablespoon butter

Few grains salt

3 tablespoons BENSON'S or CANADA Corn Starch

1/4 teaspoon salt

1/4 teaspoon pepper

1 1/4 cups milk

1 egg yolk, beaten

2 tablespoons lemon juice

1/4 cup MAZOLA Salad Oil

Cooked green vegetables

PLACE fish in shallow baking pan; dot with butter.

SPRINKLE lightly with salt; bake in hot oven (425°F.) for 20 minutes.

MIX BENSON'S or CANADA Corn Starch, salt and pepper in a small amount of milk until smooth.

STIR in remaining milk; cook over low heat, stirring constantly, until mixture thickens and boils.

BOIL 1 minute; stir constantly.

REMOVE from heat and gradually add to egg yolk.

RETURN to heat and cook 2 minutes, stirring constantly.

REMOVE from heat; slowly beat in lemon juice.

ADD MAZOLA beating until smooth.

ARRANGE green vegetables around cooked fish.

COVER with sauce and serve immediately.

YIELD: 4 servings.



For free folder of other delicious recipes, write to:

Jane Ashley,

Home Service Department,

THE CANADA STARCH COMPANY

LIMITED,

P.O. Box 129, Montreal, P.Q.

PATENTS

AN OFFER TO EVERY INVENTOR. List of inventions and full information sent free. THE RAMSAY COMPANY, Registered Patent Attorneys, 275 Bank Street, Ottawa, Canada.

ITCH STOPPED IN A JIFFY

Very first use of soothing, cooling liquid D.D.D. Prescription positively relieves raw red itch—caused by eczema, rashes, scapularitis, chafing—other skin troubles. Gentle, soothing. No trial bottle necessary or money back. Don't suffer. Ask your druggist for D.D.D. PRESCRIPTION.

YOU CAN DEPEND ON

When kidneys fail to remove excess acids and wastes, back ache, tired feeling, dizziness, red eyes follow. DODD'S Kidney Pills stimulate kidneys to normal duty. You feel better—sleep better, work better. Get Dodd's at any drug store. You can depend on Dodd's.



FALSE TEETH

That Loosen Need Not Embarrass

Many wearers of false teeth have suffered real embarrassment because their plates dropped, slipped or wobbled at just the wrong time. Do not live in fear of this happening to you. Just sprinkle a little PASTERETH, the alkaline (non-acid) powder, on your plates. Hold false teeth more firmly, so they feel more comfortable. Get no sour, chalky "plate odor" (sourness). Get PASTERETH at any drug counter.



MACDONALD'S
Fine Cut

Makes a better cigarette

---Weddings---

MR. AND MRS. JOHN NAVATRIL

Baskets of white lilacs, peonies, and yellow shasta daisies decorated St. Cyril's Catholic church in Bellevue for the June 30 double-ring wedding of Miss Bernice Taborski and Mr. John Navatril. The bride is the youngest daughter of Mr. and Mrs. Joe Taborski of Bellevue and the groom is the son of Mrs. Frances Navatril and the late Mr. A. Navatril of Magrath. Rev. L. Carroll officiated at the ceremony and Miss Annie Sekina presided at the organ while Eric Price was the soloist.

Lace and Net Gown

Given in marriage by her father, the bride wore a gown of lace and

net studded with sequins and pearls and was fashioned with a long torso and lace jacket with a Peter Pan collar which was also covered with sequins and pearls and had lily point sleeves. Her chapel veil was adorned with pearls and sequins and misted from a pearl sequin headpiece shaped like a crown. Her bouquet was of red roses and white carnations.

Mrs. Irene Edafilo of Coleman, sister of the bride, was matron of honor and bridesmaids were Miss Annie Navatril, sister of the groom, Miss Donna Mae Trozzo, cousin of the bride, Miss Stella Taborski and Miss Ruth Loula. They wore matching cocktail-length gowns and headpiece of pink, yellow, mauve, blue and green and carried colonial bou-

quets of carnations.

The flower girl, Jacqueline Lant of Coleman, was dressed in a yellow net and satin gown and carried a colonial bouquet of flowers. Johnny Hvidzovs of Bellevue was ring bearer.

Best man was Don Piafillo and ushers were Frank Navatril, John Hofnagel, Joe Navatril and Edward Piafillo. Ernie Trozzo and George Navatril ushered the guests to their seats.

For the wedding the bride's mother wore a pale mauve pointed afternoon coat dress with white accessories and a white carnation corsage. The groom's mother wore a navy and pink dress with accessories and a pink carnation corsage.

The reception was held in the Catholic hall which was decorated

with pink, white and yellow streamers and wedding bells. Miss Patsy Winaski, cousin of the bride was in charge of the guest book and attending to the gifts. Over 150 persons attended the reception.

Rev. L. Carroll of Bellevue proposed the toast to the bride with the groom responding. Don Piafillo also proposed the toast to the bridesmaids.

For traveling to Spokane and other United States points on her honeymoon the bride chose a blue suit with a pink top coat and pink and white accessories and also a corsage of pink carnations.

Out-of-town guests were from Nelson, Granum, Magrath, Lethbridge, Coleman and Blairmore. Mr. and Mrs. Navatril will make their home in Coleman.

Great men,
great bricklayers

Though described as a trade, bricklaying is really an art. It has always had a strong appeal for men of unusual intelligence and artistic tendencies. Sir Winston Churchill is an accomplished amateur bricklayer. So accomplished in fact he was able to pass the examination given to those entitled to a union card. Among professional bricklayers, the most distinguished was the poet Ben Jonson. As you know, Jonson's literary brilliance was not far below that of Shakespeare's. Ben's most quoted poem is that titled "To Celia", in which are included the following immortal lines:

"Drink to me only with thine eyes,

And I will pledge with mine;
Or leave a kiss but in the cup
And I'll not look for wine."

Mrs. Osanna Chiesia

Pincher Creek — Mrs. Osanna Chiesia, 73, of Beaver Mines, died in St. Vincent Hospital July 19. She was the widow of Angelo Chiesia. With her husband she had farmed at Beaver Mines since 1917.

She is survived by five daughters, one son. They are Miss Naomi Chiesia, Calgary; Miss Maria Chiesia, Dawson Creek; Mrs. Chas. Barclay and Mrs. Wm. Bird, both of Pincher Creek; Mrs. Rosa Lant, Coleman, and Alfi Chiesia, Beaver Mines.

Funeral services were held on Monday at 10:30 in the Holy host church, Coleman.

Roxy Theatre

A Famous Players Affiliate

COMING ATTRACTIONS

Thursday and Friday, July 26th and 27th

PRINCE OF PLAYERS

All the passion and
grace
of the great
heart-actor
come to
the screen!



CINEMASCOPE
COLOR PRESENTS
RICHARD BURTON MAIGRE MCKINNA
JOHN DIXON RAYMOND MASSEY
CHARLES BRICKBORN

ADMISSION PRICES 65c, 35c, 30c

Saturday and Monday, July 28th and 30th

CLAUDETTE COLBERT BARRY SULLIVAN



Tuesday and Wednesday, July 31st and August 1

"TONIGHT'S the NIGHT"

David Niven · Yvonne de Carlo

There isn't a ghost of a chance... that you won't split your sides laughing... at the hilarious happenings in a haunted household... It's wild, weird and wonderful... As Irish as Daddy's Pig... as funny as any film you've ever seen.

NOW IS
PICTURE
TIME...GET OUTDOORS
WITH A CAMERA

- Brownie Holiday Flash Outfit ... \$11.45
- Brownie Hawkeye... \$8.75
- Kodak Duaflex III... \$17.95
- Brownie Movie Outfit, includes 8 m.m.
Movie Camera and Movie Projector, for ... \$124.25
- Argus Pre Viewer, for Color Slides... \$8.95
- Merit Projector ... \$31.75

COLEMAN PHARMACY

Coleman Alberta

Teacher Wanted

WANTED—Teacher for Frank School District No. 629. Grades one to six inclusive. Newly revised, approved salary schedule. Applications to be received up to the 20th day of August, 1956.

Mrs. Anita Edl, Secretary-Treasurer,
Frank, Alberta

PALMOLIVE SOAP—
SPECIAL

3 Bath Size for 39c

SWEETHEART SOAP—
SPECIAL

3 Reg. Size for 28c

LUX TOILET SOAP
SPECIAL

3 Reg. Size for 26c

JERGENS LOTION
MILD SOAP SPECIAL—

5 Reg. Size for 35c

CASIMERE BOUQUET
SOAP SPECIAL—

4 Reg. Size for 29c

WOODBURY SOAP
SPECIAL

4 Reg. Size for 33c

ASSOCIATED GROCERS LTD
SERVICE AG QUALITY

J. M. ALLAN
Phone 3617 FREE DELIVERY
FOR BETTER SERVICE
MORE SATISFACTION

PRESERVING APRICOTS

B. C. Apricots are sizing up well and will be of top quality and flavor.
LEAVE YOUR ORDER NOW

We Have Everything You Need for Your Preserving
FRUIT JARS · RUBBER RINGS · TIN LIDS and GLASS LIDS

PINK KLEENEX —
Economy package,
400 Tissues

35c

SCOTTIES FACIAL
Tissues— White,
400 Tissues for

33c

KLEENEX TISSUES—
Pocket Size,
12 packages for

59c

WAX PAPER REFILLS—
100 feet Rolls,
2 for

55c

ALUMINUM FOIL
WRAP — It's Handy,
25 feet Roll

29c

PAPER PLATES —
For your Picnics, 8-9
inch, colored, for

25c

Ready Made Dinners For This Hot Weather

CORN BEEF — Libby's
Always the Best,
per tin 59c

CHOPPED HAM —
Swift's Premium,
per tin 49c

CHOPPED BEEF —
Swift's Premium. A
new line, per tin 45c

SPAGHETTI with MEAT
Heinz, per tin 30c

PREM OR SPORK —
Good any time.
2 tins for 79c

LUNCH TONGUE —
Swift's Premium,
per tin 63c

HAMBURGERS —
Swift's Premium
per tin 49c

WEINERS & BEANS —
Burns', Tomato Sauce
per tin 37c

MEAT BALLS with
GRAVY — Puritan,
per tin 49c

WEINERS & BEANS,
Tomato Sauce, Burns',
per tin 37c

CHUCKWAGON
DINNER—Burns' Old
Fashioned, per tin 45c

BEANS with Burns'
HAM — tomato sauce,
per tin 39c

SIRLOIN TIP with
GRAVY — Puritan,
per tin 79c

SAUSAGES — Burns'
Campfire, per tin 55c

SAUSAGES — Pork,
Swift's Premium,
per tin 61c

SPAGHETTI— Tomato
Sauce & Cheese,
Heinz, 20-oz. tin 27c

BOLOGNA — Swift's
Premium, per tin 45c

BEEF STEW — Burns'
with vegetables, per
tin 35c

MEAT BALLS with
SPAGHETTI— Burns',
per tin 35c

PORK & BEANS—
Libby's Deep Browned
20-oz. tins 2 for 55c

Pure Strawberry Jam, H. & P., 2 pound tin - 72c

Buy Now

Pure Strawberry Jam, H. & P., 4 pound tin \$1.29

SALMON — Cloverleaf
Fancy Red Sockeye,
½-lb. tin 53c

SALMON — Court,
Red Sockeye,
½-lb. tin 49c

SALMON Fancy Pink,
Cloverleaf, 1-lb.
tin 55c

CRAB MEAT — Fancy,
Cloverleaf, a tin 69c

CRAB MEAT — Skipper
per tin 55c

SHRIMPS — Cocktail
size, Cloverleaf,
per tin 59c

TUNA FISH— Cloverleaf
Solid white meat,
per tin 45c

TUNA FISH—Crawford,
Solid light meat,
per tin 29c

SARDINES — Norwegian
2 tins for 49c
Billionaires, Small,

OYSTERS — Smoked
Fancy whole,
per tin 25c

LOBSTER — Select,
finest quality, Can-
adian, ½-lb. tin 98c

SARDINES — Brunswick
In oil 3 tins for 35c

CHICKEN — Jellied,
Summerside, per
tin 55c

TURKEY—Jellied Bone-
less, per tin 59c

CHICKEN —Home Style
8-oz Jar 89c
16-oz. Jar \$1.69

SPECIAL---Murray's Rhubarb and Strawberry Jam, Mixed, 4 lb. tin - 85c

APPLE JUICE — Sun Rype, Clear
20-oz. tins 2 for 31c

APPLE JUICE — Sun Rype, Clear,
48-oz. tin 33c

APPELCOT NECTAR — Sun Rype,
Vitamin C added, 20-oz. tins 2 for 41c

APPELCOT NECTAR — Sun Rype, Vita-
min C added, 48-oz. tin 39c

TOMATO JUICE — Heinz Fancy,
20-oz. Tins 2 for 39c

Gallon — each 95c

POP POP

Blairmore - Calgary - Cocoa Cola
24 Bottles Assorted, case \$1.75
Plus Deposit

EAMON'S NECTARS

We have a full stock of these
ALL FLAVORS — ALL SIZES

GRAPEFRUIT JUICE — Libby's,
20-oz. tins 2 for 33c

GRAPEFRUIT JUICE — Libby's
48-oz. tins, each 37c

BLENDED JUICE — Horsey's,
20-oz. tins 2 for 39c

ORANGE JUICE — Horsey's,
20-oz. tins 2 for 43c

V8 VEGETABLE JUICE— Campbell's,
15-oz. tins 2 for 35c

- For Fresher Eggs, Try Mrs. Horn's.

Fresh Supplies Daily

Nabob or Koban Coffee — per lb. \$1.17
Milk — All Brands, Tall Tins 6 for 99c

SPECIAL — 1 lb. Lyons Coffee—
1 pkg. Noodle Soup — for \$1.19

Ketchup — Heinz, 2 Bottle 67c

Pineapple — Crushed or Tidbits, Dole's,
10-oz. tins 3 for 53c

SPECIAL — 1 pkg. Cherrios —
1 pkg. Trix — for 45c

Corn Flakes — Kellogg's 2 pkgs. 39c

Salt — Iodized, Windsor 2 pkgs. 35c

Black Pepper — Nabob, ½-lb. tin 59c

Apple Pie Filler — Sun Rype, 20-oz. tins 2 for 55c

Peach or Apricot Pie Filler — Sun Rype, 20-oz. tin 32c

Aylmer Catsup — 11-oz. Bottles 2 for 49c

Lipton's Finest Orange Pekoe Tea — lb. \$1.29 Save 15c

Blue Ribbon Tea Bags — Box of 120 for \$1.69

NEW LINES

OGILVIES ORANGE CAKE MIX — Just add water—Introductory offer—pkg. 32c

OGILVIES BUTTERSCOTCH PUDDING MIX — Just add water — per package 25c

CLARK'S MEAT SAUCE SPAGHETTI DINNER — Ready in 8 Minutes — per package 63c

CLARK'S OVENCROCK BAKED BEANS WITH PORK AND SAUCE — 20-oz. Crock 33c